

STRONGER TOGETHER: ELDERHELP'S DEDICATION TO SENIORS SHINES THROUGH FUNDING CHANGES

In light of recent federal funding cuts affecting many organizations in senior services, I want to reassure ElderHelp's community that our commitment to serving older adults remains steadfast.

We've been proactively monitoring the impact and potential effects on us, our clients, and our community. Over the years, through the support of community partners, grants, donors, and prudent financial management we've worked diligently to diversify our funding sources and build our operating reserve in preparation for such impacts. While we will feel the impact of reduced federal funding, ElderHelp stands on solid financial ground.

Our "culture of care" continues to guide us in our work. Every day, our dedicated staff and volunteers work with clients to navigate their unique challenges, whether that's accessing resources, securing nutritious food, finding transportation, or simply having someone to talk to.

And to our senior community: please know that we are here for you, just as we have always been. No funding cut will change our commitment to supporting your independence, dignity, and quality of life.

If you have any questions or concerns, please don't hesitate to reach out to me directly: dmartin@elderhelpofsandiego.org.

Warmly,

Deborah Martin
 CEO/Executive Director

*We honored
 our volunteers
 last month!*

THANK YOU TO OUR VOLUNTEERS!

Your generosity transforms lives! In April, we honored the incredible impact of you, our volunteers. We are filled with profound gratitude for each hour you've given, each delivery you've made, and each conversation you've shared with our seniors.



Steve built this table for ElderHelp's Food Pantry



Why do you volunteer?



Celebrating those who support our seniors

CAN YOU HELP US CHANGE LIVES?

.....

In our 5 decades,
ElderHelp's incredible
team of volunteers
and staff have
supported MORE
THAN 270,000
individuals with the
care, attention, and
resources they truly
deserve!

Every single year,
ElderHelp rallies over
350 fantastic
volunteers, and these
dedicated heroes
have contributed an
astounding 450,000+
hours of service!

YOUR GIFT helps ElderHelp support more seniors!

PLEASE GIVE NOW at
bit.ly/SupportElderHelp
or scan the code below:



Essential Connections: How Rebecca Found Community Through ElderHelp

For over 11 years, Rebecca has been an ElderHelp client, receiving monthly pantry deliveries, friendly check-in calls, and occasional in-person grocery shopping assistance. Her story beautifully illustrates the meaningful connections and essential support that define our mission.

"I know something good when I see it," Rebecca says about the entire ElderHelp team—relationships that for her, have nurtured both practical needs and emotional wellbeing. Rebecca speaks of her volunteer Patrick, who connects with her every other Wednesday, with genuine affection: "He's an angel!"

When Rebecca faced a challenging recovery after a fall, our Seniors A Go Go volunteers stepped up, providing transportation to 12 doctor appointments. One dedicated volunteer waited during her appointments before taking her safely home—exemplifying the extra care and attention that makes our services so special.



"ElderHelp is wonderful, amazing, terrific,"

Rebecca shares with characteristic enthusiasm. Her home tells its own story of joy and connection, adorned with pictures and mementos that bring her happiness. Among these treasured items is a photo of Rebecca with the staff member who conducted her first assessment—a touching reminder of the lasting bonds formed through our work.

CELEBRATING 50 YEARS
ELDERHELP
Essence OF Life
 AWARDS & CHARITY AUCTION

Our hearts are overflowing with gratitude to everyone who joined us to celebrate ElderHelp's golden anniversary at Essence of Life. Together, we created memorable moments while honoring the extraordinary individuals (featured below) who make our community so special. The room was filled with joy, laughter, perhaps a few tears, and generous spirits as we marked this milestone.



Thank you for celebrating
 at Essence of Life on
 March 23, 2023. Together
 we raised over **\$200,000**
 to benefit seniors!

Congratulations to honorees:

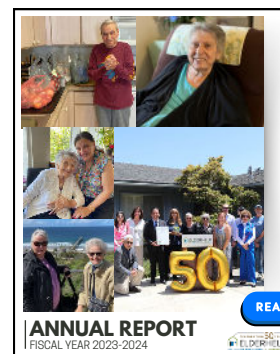
The San Diego Women's Foundation—Community Partner
Nikki Ostrem— F.V. "Tex" Cornwell Ambassador
Russell Winslow— F.V. "Tex" Cornwell Ambassador
Dawn Saad—Volunteer Spotlight
Joanne Adams—Cynthia Hansen Client Spotlight
Fabienne Hanks—Inspirational Senior



View the Essence Honoree videos and event photos here: bit.ly/EOLAwards

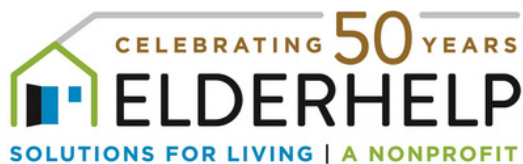
ELDERHELP ANNUAL REPORT NOW AVAILABLE

ElderHelp's **Annual Report** for fiscal year 2024 is now available online. This comprehensive report covers our program impacts and financial stewardship from July 2023 through June 2024. It offers a transparent look at how we've utilized resources to fulfill our mission of helping seniors remain independent and living with dignity in their own homes.



[READ NOW](#)

Read the Annual Report: bit.ly/EHAR2024



ElderHelp of San Diego
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Finding Compromise: a HomeShare Success Story



HomeShare is ElderHelp's roommate matching service. When one home provider faced rising utility costs after their HomeShare match began, they contacted our team about potentially increasing rent. The coordinator facilitated conversations between both participants, discovering that an immediate rent increase would create financial hardship for the home seeker and potentially end the arrangement.

Through guided discussion and active listening, our coordinator helped both individuals express their needs openly. This intervention led to a creative compromise: maintaining the original rent for six months followed by a mutually agreed-upon increase for the next six months.

The result? Eight months later, this HomeShare match continues to thrive – demonstrating how effective mediation and respectful communication can turn around potential conflict.

For 50 years, ElderHelp has served as a reliable resource for aging services in San Diego. With top ratings from Charity Navigator and Candid, we are committed to the highest standards of ethics and transparency.

Charity
Navigator



+ FOUR-STAR +

Platinum
Transparency
2025

Candid.

ElderHelp of San Diego
elderhelpofsandiego.org

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Tax ID# 95-2880426