



SUPPORT ELDERHELP'S PANTRY!

Help seniors maintain their overall health and wellbeing by hosting a food drive. You can make a difference!

NON-PERISHABLE ITEMS

- Canned tuna or chicken (5 oz)
- Spaghetti noodles (16 oz packages)
- White rice (1 lb bags)
- Dried beans (1 lb bags)
- Tea (individually wrapped assorted tea bags)

"I have no money. Your food packages are a lifesaver for me. You're all so kind and caring. I'm so grateful to have you to turn to. I don't know what I would do without you."

- ElderHelp Pantry Client

Donate online through our Amazon Wish List at www.bit.ly/EHfoodpantry

Or contact Carrie McClellan to arrange delivery/drop off

619-371-4272 | cmcclellan@elderhelpofsandiego.org

ElderHelp's Pantry Hours: T-TH, 9 AM-3 PM

THANK YOU!

ElderHelp
9590 Chesapeake Dr San Diego, CA 92123
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Tax ID # 95-2880426

